Our Services

How Do We Help Our Clients?

"The one thing I can think of [to share] is that the Crisis Center doesn't just deal with domestic violence. In my case, I have had help in grieving as well as dealing with my past choices."

Offering an environment of complete confidentiality, the Crisis Center operates a 24-hour crisis line, emergency shelter, legal and community advocacy, as well as individual and group therapy. All services are free of charge.

Legal & Community Advocacy

Legal Advocates assist clients with restraining orders, court support and referrals. Through the Community Advocacy Program (CAP), advocates meet clients in their community, which shows more positive outcomes, greater healing, and sustained self-sufficiency.

Therapy

Individual and group therapy services are provided by Master's level therapists. Therapy modalities include talk therapy, Eye Movement Desensitization and Reprocessing (EMDR), play therapy, Filial Therapy, and Equine Assisted Psychotherapy to adults and children.

Education & Prevention

Dedicated to violence prevention, the Crisis Center provides community outreach, referrals, and educational opportunities. We partner with Douglas County schools for The Outrage, a dramatic, theatrical presentation performed by teens-for teens, which exposes the threats and realities of teen dating violence.

The Crisis Center is a 501(c)3 organization, in good standing with the State of Colorado, and governed by a dedicated, volunteer Board of Directors.

Do You Need Help?

What Is Domestic Violence?

Domestic violence is a pattern of behavior used to establish power and control over another person through fear and intimidation, often including the threat or use of violence. Domestic violence happens when one person believes they are entitled to control another. Assault, battering and domestic violence are crimes. Domestic violence can be psychological, physical, financial or sexual.

Questions to Ask

- Are you afraid of your partner?
- Has your partner ever threatened to hurt you or someone you care about?
- Do you constantly worry about your partner's moods?

Know the Facts

1 in 4

The amount of women who will experience domestic violence in their lifetime.

1 in 7

The number of men who will be victims of severe partner violence by an intimate partner in their lifetime.

Every **10** *seconds a child abuse report is filed.*

50 *The percentage of lesbian women who will experience intimate partner violence.*

2 in 5

The number of gay or bisexual men who will experience intimate partner violence.

Domestic violence affects not just victims, but neighbors, co-workers, relatives, and friends. It crosses all ages and both genders, all ethnic groups, and all socio-economic levels. The incidence and consequences of domestic violence knows no boundaries.

Get Involved, We Need Your Help.

Service Projects
Volunteer
Tax Deductible Contributions
Wish List Donations
Cell Phone and Food Drives
Third Party Events
Corporate Partnership

Crisis Center

P.O. Box 367
Castle Rock, CO 80104

Admin: 303-688-1094
Admin Fax: 303-688-8889
24 Hour Crisis Line: 303-688-8484
www.thecrisiscenter.org

Crisis Center Testimonials

"I was welcomed and warmly treated by a group of genuine professionals who have helped me & my family heal & cope through our struggles and challenges. It's a wonderful realization knowing there are ways to get through crisis and that there are thoughtful, caring people with compassion to others in our community."
– Crisis Center Client

"I now live a safer, calmer, independent life – free of violence."
– Crisis Center Client

"While Douglas County is among the safest places in America, we do have one big 'secret' problem: family violence. Kept secret by most of its victims, and largely unreported in the media, family violence in Douglas County touches over 1,000 families a year. Most have no idea that family violence is solely responsible for almost every homicide death in Douglas County during the last decade. If you are going to be killed in Douglas County, Colorado, it's likely to be at the hands of a member of your own family. This brutal trend cannot be ignored." – Tim Moore, Bureau Chief, Douglas County Sheriff's Office

CRISIS CENTER

Creating A World Free of Violence

Are you or someone you know a victim of domestic violence? Please remove this card & store in a safe place in case you need help.

Emergency Crisis Center Line
303-688-8484

www.thecrisiscenter.org

Like us on Facebook

Crisis Center

Creating A World Free of Violence

The Crisis Center exists to end domestic violence through advocacy, education, and prevention; while helping communities live free of violence.